

## **ASSESSMENT OF THE SCHOOL COMMUNITY'S OCCUPATIONAL WELL-BEING USING THE WELL-BEING AT YOUR WORK INDEX**

**Project implementation period:** 2020

**Relevance of the study.** There are no studies in Lithuania that comprehensively assess the occupational well-being of teachers or the entire school community and systematically assess various factors of the occupational environment. Studies, mainly carried out in Finland, reveal that complex assessment of psychosocial factors can be a starting point for improving occupational well-being and developing social capital in schools. Researchers at the University of Eastern Finland (T. Saaranen et al.) have developed a model of occupational well-being for school community, which helps to assess the state of school community occupational well-being, creates the interaction between community members and encourage them to take joint action to improve occupational health and well-being. Positive changes also ensure more efficient work, contribute to the school's visibility, increase competitiveness, and strengthen the relations between educational institutions and networking. The model has been tested by the European Network of Health Promoting Schools in Italy, Germany, Ireland, and Estonia. The design of the study is based on the principles of learning organization, community and voluntary participation. Well-being Your Work index questionnaire is being tested in Lithuania for the first time.

**Objective.** To adapt The Well-being at Your Work index form for Lithuanian school community's and to assess their occupational well-being.

**Tasks:**

1. To estimate general psychometric characteristics of The Well-being at Your Work index form for Lithuanian school community's.
2. To assess occupational well-being of the participating school community's using The Well-being at Your Work index form.
3. To assess The Well-being at Your Work index form results' differences according to general information and on available actions promoting occupational well-being variables.

**Methodology.** A quantitative analytical study will be carried out. The study population is the Lithuanian general education school community, including its entire staff (teachers, principals and their deputies, student support staff, healthcare professionals, and other support and administrative staff). It is planned to take 510 respondents. The anonymous questionnaire survey will be conducted using The Well-being at Your Work index questionnaire. In Lithuania the questionnaire is used with permission of the researchers of the University of Eastern Finland (T. Saaranen et al.).

**Expected results.** The adaptation of The Well-being at Your Work index form for Lithuanian school community's; the assessment of occupational well-being of the school community's using The Well-being at Your Work index form.

**Contact:** Skaistė Dreskinytė, Institute of Hygiene, Occupational Health Centre, Division of Occupational Health Research, phone no. +370 5 212 2589, e-mail: [skaiste.dreskinyte@hi.lt](mailto:skaiste.dreskinyte@hi.lt).