

# THE APPLICABILITY STUDY OF MANAGEMENT STANDARDS FOR WORK RELATED STRESS USED IN GREAT BRITAIN AS A TOOL FOR STRESS MANAGEMENT AT LITHUANIAN COMPANIES

**Project implementation period:** 2015–2016

**Aim of the project** – to adapt the HSE Stress Management Standards for Lithuanian companies.

**3 tasks were set to reach the aim:**

1. To estimate general psychometric characteristics of the HSE Management Standards' Indicator Tool for Lithuanian employees.
2. To assess HSE Indicator Tool results' differences according to sociodemographic and work variables.
3. To adapt the HSE Management Standards and develop a training programme for psychosocial risk evaluation, monitoring, and management.

**Study methodology** – quantitative study. Data will be collected using a 46-question survey comprised of the HSE Indicator Tool, sociodemographic questions, and questions about job features. It is planned to conduct a research with 700 adult employees (working in organisations with staff of at least 3 people) as study participants.

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